

4get-me-not Events



Checkmate! Seniors learn chess the fun way

In collaboration with Sharjah Chess and Cultural Club, seniors learn chess the fun way every other Tuesdays. Studies have shown that seniors who are engaged in regular activities like playing chess improves their self esteem, enhance feelings of control, lessens depression and best of all improves cognitive functioning.

Sponsor and add more excitement to senior's chess lessons. Email us: info@4get-me-not.org